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| **ALDI Meal Plan week of 4/12/20 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Ham, everything asparagus, crescent rolls, pineapple |
| **Monday** | Black bean soup, tortilla chips, kale salad with apples & carrots |
| **Tuesday** | Leftover ham quesadillas, tortilla chips, carrot & celery sticks |
| **Wednesday** | Leftover ham soup, baguette, apple slices |
| **Thursday** | Sheet pan smoky Parmesan chicken tenders + veggies, apples, leftover soup |
| **Friday** | Chicken + cauliflower sheet pan dinner, roasted broccoli & zucchini |
| **Saturday** | Leftovers – pizza night – or carryout |

**Your ALDI Shopping List (through 4/11)**

*Dairy & refrigerated*

Friendly Farms sour cream, $1.49 (Mon, Tues)  
12 oz Happy Farms shredded cheddar, $2.89 (Tues)  
Bake House Creations crescents, $.89 (Sun)  
Priano shredded Parmesan, $1.99 (Thurs, Fri)

*Grocery*

Specially Selected French baguette, $1.49 (Weds)  
Clancy’s restaurant style tortilla chips, $1.69 (Mon, Tues)  
32 oz Simply Nature organic vegetable broth, $1.49 (Mon)  
12 ct El Milagro flour tortillas, $.99 (Tues)  
3 cans Dakota’s Pride black beans, $1.44 (Mon)  
2 cans Dakota’s Pride Cannellini beans, $.98 (Weds)  
2 cans Happy Harvest basil & garlic diced tomatoes, $1.18 (Weds)  
1 can Happy Harvest diced tomatoes, $.59 (Weds)  
Pueblo Lindo chipotles in adobo, $.99 (Mon, Tues)

*Meat*

9 lb Appleton Farms spiral-sliced ham, $7.65 (Sun, Tues, Weds)  
3 lbs chicken tenderloin, $5.97 (Thurs, Fri)

*Produce*

Pineapple, $1.69 (Sun)  
3 lbs Gala apples, $2.49 (Mon, Weds, Thurs)  
Green onions, $.69 (Mon, Tues)  
2 lbs carrots, $1.49 (Mon, Tues, Thurs)  
12 oz Simply Nature organic chopped kale, $2.99 (Mon, Weds)  
1 lb asparagus, $1.49 (Sun)  
16 oz broccoli crowns, $3.38 (Thurs, Fri)  
Head of cauliflower, $2.49 (Fri)  
3 lbs yellow onions, $1.89 (Mon, Weds, Thurs, Fri)  
3 heads garlic, $1.29 (Mon, Weds, Thurs)  
24 oz dynamic duo potatoes, $2.99 (Weds)  
16 oz zucchini, $2.98 (Thurs, Fri)  
Celery, $1.19 (Tues, Weds)  
2 avocados, $1.98 (Tues)

**Total: $60.75**

*Note: The days(s) on the shopping list show which meal(s) an item will be used in. If you’re skipping a night, you can easily delete items you don’t need to purchase.*