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| **ALDI Meal Plan week of 4/11/21 – Find the recipes at MashupMom.com** | |
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| **Sunday** | Beef & sausage salsa verde chili, tortilla chips, grapes |
| **Monday** | Grilled cheese & tomato naan, leftover chili & chips |
| **Tuesday** | Keema inspired ground beef quesadillas, oranges, peas |
| **Wednesday** | Sheet pan Parmesan chicken thighs + green beans |
| **Thursday** | Caprese chicken thighs + kale skillet, oranges |
| **Friday** | 30 minute kielbasa tortellini soup, grapes |
| **Saturday** | Night off! Leftovers – carryout – or take & bake deli pizza |

**Shopping list (through 4/10):**

*Dairy & refrigerated*

16 oz Happy Farms shredded mozzarella, $3.99 (Mon, Tues, Thurs)  
8 oz Happy Farms sharp cheddar, $1.95 (Sun, Mon)  
Priano shredded Parmesan, $1.99 (Weds, Thurs, Fri)  
9 oz Priano three cheese tortellini, $1.99 (Fri)

*Frozen*

Season’s Choice 16 oz peas, $.95 (Tues)

*Grocery*

Specially Selected naan, $3.99 (Mon)  
Specially Selected salsa verde, $1.95 (Sun)  
Clancy’s restaurant style tortilla chips, $1.85 (Sun, Mon)  
32 oz Chef’s Cupboard chicken broth, $1.19 (Fri)  
Can Simply Nature organic pinto beans, $.89 (Sun)  
Can Dakota’s Pride kidney beans, $.59 (Sun)  
Can Happy Harvest fire roasted diced tomatoes, $.89 (Sun)  
Can Happy Harvest diced tomatoes, $.59 (Fri)  
6 oz can Happy Harvest tomato paste, $.39 (Sun)  
8 oz can Happy Harvest tomato sauce, $.29 (Tues)  
Priano rosso pesto, $2.19 (Mon)  
El Milagro flour tortillas, $.98 (Tues)

*Meat*

2 lbs 80/20 ground beef, $5.78 (Sun, Tues)  
16 oz Appleton Farms hot pork sausage roll, $1.99 (Sun)  
14 oz Polska kielbasa, $2.49 (Fri)  
3.5 lbs boneless skinless chicken thighs, $5.92 (Weds, Thurs)

*Produce*

2 lbs red grapes, $1.98 (Sun, Fri)  
4 lbs navel oranges, $2.89 (Tues, Thurs)  
16 oz Simply Nature organic chopped kale, $2.89 (Thurs, Fri)  
8 oz white mushrooms, $1.89 (Fri)  
16 oz green beans, $1.69 (Weds)  
3 lbs yellow onions, $2.49 (Sun, Tues, Thurs, Fri)  
3 heads garlic, $1.29 (Sun, Tues, Weds, Thurs, Fri)  
4 Roma tomatoes, $.90 (Mon)  
Pint grape tomatoes, $1.89 (Thurs)

**Total: $60.75**

***Staple items you’ll need – AKA: Pantry seasonings & condiments used in this week’s recipes, but not in the shopping list:***

*Olive oil, balsamic vinegar, butter, brown sugar, chili powder, cumin, turmeric, cinnamon, paprika, powdered ginger, cayenne, crushed red pepper, oregano, basil, tarragon, garlic powder, black pepper, sea salt, Dijon or coarse ground mustard*

*\*\* Note: In many cases you can substitute for and/or omit some of these, depending on the recipe. Read through the recipes to see where you may need to re-stock your pantry staples.*